

Assistance for students/ families

Catholic Charities

200 Main St Milford, MA 01757
508-234-3800

Emergency services
Diaper Program
Clothing Closet
Utility Assistance
SNAP & Fuel Assistance
Pet Pantry
Job Search and Resume Building
Housing Advocates
Parenting education
Immigration/Citizenship services
Masshealth Applications
Substance abuse treatment
Referrals
Speak Portuguese and Spanish
Can meet by appointments or walk-ins

Edward M Kennedy Community Health Center

42 Cape Road, Milford, MA 01757
Behavioral Health Services 508-595-0750

Services: Primary Medical Care, Mental Health Counseling, Assistance applying for supports, Masshealth Applications
Multilingual

Daily Bread Food Pantry

21 Exchange St, Milford, MA 01757
508-478-4225

Mental Health Supports

YOU Inc CSA (Must have MassHealth)

Central Referral 1-855-4YOUINC or
centralreferral@youinc.org

Supports families with children under age 21 with serious emotional disturbance. Provides Intensive Care Coordination (ICC) for families through a wraparound care planning process. The CSA also provides family support and training utilizing family partners (FP) to support and coach parents on navigating through the child's mental health system.

Wayside Youth and Families

10 Asylum St. Milford, MA 01757
508-478-6888

- Trauma Intervention Services
- Outpatient Counseling
- In-Home Therapy & Family-based services

Riverside Community Care

- Outpatient counseling (Upton)
508-529-7000
- In-Home Therapy (IHT) and
- Therapeutic Mentoring (TM)
774-804-3376
- Emergency Services 800-294-4665

Community Impact

12 Main St, Milford, MA.
508-422-0242 or
communityimpactinc@gmail.com

- Outpatient counseling
- Group Therapy

Family Continuity

76 Church Street, Ste. 301, Whitinsville, MA
01588

508-234-4181

- Outpatient counseling
- In-Home Therapy
- Therapeutic Mentoring

Whole Child INC.

2 Maple Ave. Upton, MA 01568
508-603-1711

- Sensory regulation training
- Social and language skill development
- Family counseling
- Play-based therapy
- Behavioral coaching
- Life skills coaching
- Social skills coaching
- Parenting education and consultation
- Expressive arts/yoga
- special education tutoring and homework help
- special education consultation (trained by the Federation for Children with Special Needs, Boston, MA)
- parent trainings on multiple topics: ASD, ADHD, Sensory organizing, Brain development, language development, behavior management, etc.

Helpful Phone Numbers

1-855-LINK-KID (UMASS)

LINK-KID is a **FREE** resource for families, providers, and professionals looking to refer children to trauma-focused evidence-based treatment throughout Massachusetts. Monday through Friday 7:30 – 5:00 pm
1-855-LINK-KID or 774-455-4127

Mass 2-1-1

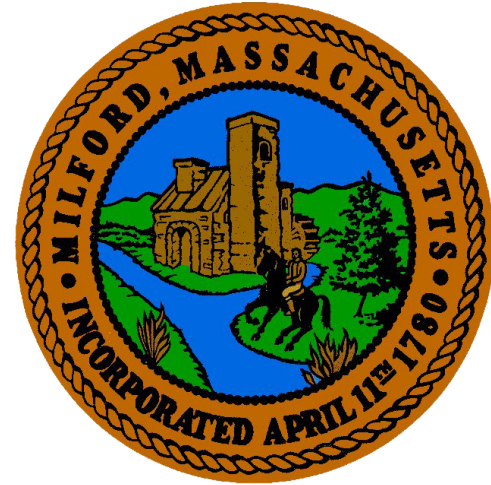
Telephone number that connects callers to information about services available in their community such as finding government benefits, support groups, donation programs, an afterschool program, food bank, or child & elder care. Available 24 hours a day, 7 days a week. If you are unable to reach 2-1-1 due to your telephone or cell phone carrier, a toll-free number is available 1-877-211-MASS (6277); Hearing impaired callers can reach us using 508-370-4890 TTY

For additional information or assistance, please contact:

Lisa Kingkade
Director of Social Emotional Learning
Milford Public Schools
508-482-0700 ext. 1118

Anita Amante
Social Worker
Milford Public Schools
508-482-0700 ext. 1240

Sarah Cupertino
Social Worker
Milford Public Schools
508-482-0700 ext. 1241



Milford Public Schools Resource Guide